



Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday 9/1
			<b>Freshmen Orientation</b>	<b>No School</b>
9/4	9/5	9/6	9/7	9/8
<b>No School</b>	<b>Half Day for Freshmen Class No Lunch</b>	<b>Main Plate</b> Pierogis with Butter and Onions, Dinner Roll and Vegetables	<b>Main Plate</b> Hot Ham & Cheese on a Pretzel Roll With Tater Tots	<b>Main Plate</b> Pizza Bella ✓
		Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
9/11	9/12	9/13	9/14	9/15
<b>Main Plate</b> Popcorn Chicken Bowl Mashed Potatoes, Gravy, Corn, Cheese, Dinner Roll	<b>Main Plate</b> Fajita Bar Vegetable Medley Southwest Seasoned Rice (✓)	<b>Main Plate</b> Soy Ginger Pork with Thai Seasoned Rice Noodles	<b>Main Plate</b> Pepperoni Pizza Roll With Marinara and Tater Tots	<b>Main Plate</b> Pizza Bella ✓
Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
9/18	9/19	9/20	9/21	9/22
<b>Main Plate</b> General Tso's Chicken Steamed Rice Broccoli and Fortune Cookie	<b>Main Plate</b> Walking Taco Choice of Beef or Chicken Veggies, Salsa, Sour Cream, Hot Sauce	<b>Main Plate</b> Pasta with Meatballs or Sausage, Garlic Breadstick	<b>Main Plate</b> Balsamic Flank Steak, Veggies, Mashed Potatoes with Gravy, Dinner Roll	<b>Main Plate</b> Pizza Bella ✓
Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
9/25	9/26	9/27	9/28	9/29
<b>No School</b>	<b>Main Plate</b> Chicken Quesadilla Veggies, Salsa, Sour Cream, Hot Sauce	<b>Main Plate</b> French Toast Sticks Syrup, Sausage and Breakfast Potatoes	<b>Main Plate</b> Pork Fried Rice Broccoli Fortune Cookie	<b>Main Plate</b> Pizza Bella ✓
	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk

**Combo Main Plate Price**

\$6.50

Includes Main Plate Meal with sides and a choice of a small water or milk

**Combo J. Clarks Grille Price**

\$6.00

 Includes choice of Chicken Tenders, Popcorn Chicken, Burger, or Chicken Patty  
All with Fries and Soda or Large Water  
 (substitute Iced Tea or Lemonade, add .50¢)

**Daily Meal Options May Include the following**
**Up For Grabs:**

Assorted Sandwiches &amp; Wraps \$4.25

**Green Scene:**

Assorted Salads \$2.75-\$4.50

**J. Clarks Grille:**

 Chicken Tenders \$3.50  
 Hamburger/Cheeseburger \$3.50  
 French Fries \$2.25  
 Breaded Chicken Sandwich \$3.50  
 Veggie Burgers (✓) \$3.50

**Fruit Choices May Include:**

Grapes, Oranges, Apples, Bananas, Mixed Fruit, Applesauce

**Vegetables May Include:**

Broccoli, Carrots, Corn, Potatoes, Cauliflower, Green Beans

**Snacks & Beverages May Include:**

 Yogurt or Pudding Parfait \$2.75  
 Cookies \$ 1.75  
 Assorted Chips \$ 1.75  
 Assorted Pastries & Muffins \$ 2.00  
 Greek Yogurt \$2.25  
 Iced Tea or Lemonade \$2.00  
 Tropicana Apple Juice \$2.25  
 Soda or Large Water \$1.00  
 Small Water or Milk .50¢

**Pizza Bella Friday**

 Single Plain Slice \$2.50  
 Single Topping Slice \$3.00

(✓) Vegetarian

**General Manager**
**Jodi McMillan**
**Metz Culinary Management**
**570-829-2424 ext. 317**
**Menu subject to change due to supply chain availability**