

Holy Redeemer Lunch Menu October 2024



Monday	Tuesday	Wednesday	Thursday	Friday
9/30	10/1	10/2	10/3	10/4
Main Plate Corn Dog Nuggets, Tater Tots, Dinner Roll	Main Plate Buffalo Chicken Dip with Tortilla Chips, Veggies, Salsa, Sour Cream and Hot Sauce	Main Plate Chicken Parm over Pasta with Marinara, Veggies and Garlic Breadstick	Main Plate Bosco Sticks Marinara Sauce Veggies	Main Plate Pizza Friday
Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
10/7	10/8	10/9	10/10	10/11
Main Plate Home Made Mac & Cheese With Buffalo Chicken, Veg- gies and Dinner Roll	Main Plate Nachos Grande Choice of Beef Or Chicken, with Veggies, Salsa & Cheese Sauce	PSA Testing Early Dismissal	Main Plate Pierogies with Butter and Onions, Veggies and a Dinner Roll	<i>Main Plate</i> Pizza Friday
Small Water Or Milk	Small Water Or Milk		Small Water Or Milk	Small Water Or Milk
10/14	10/15	10/16	10/17	10/18
No School	Main Plate Chicken Quesadilla with Veggies, Salsa, Sour Cream and Hot Sauce	Main Plate Stuffed Shells With Marinara, Veggies and Gar- lic Breadstick	Main Plate Hot Ham & Cheese on a Pretzel Roll with Tater Tots and Zesty Sauce	<i>Main Plate</i> Pizza Friday
	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
10/21	10/22	10/23	10/24	10/25
Main Plate General Tso's Chicken, Rice, Broccoli and Fortune Cookie	Main Plate Double Taco Choice of Beef or Chicken Veggies, Cheese, Salsa, Sour Cream	Main Plate Baked Sausage Pasta with Veggies and Garlic Breadstick	Main Plate BLT Chicken Sandwich with Zesty Sauce and Tater Tots	Main Plate Pizza Friday
Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk	Small Water Or Milk
10/28	10/29	10/30	10/31	11/1
Main Plate Swedish Meatballs with Gravy, Mashed Potatoes, Veggies, Dinner	Main Plate Walking Taco Choice of Beef Or Chicken, with Veggies, Salsa & Cheese Sauce	Main Plate Homemade Pepperoni Roll With Marinara and Vegetables	Early Dismissal Happy Halloween!	<i>Main Plate</i> Pizza Friday
Roll Small Water Or Milk	Small Water Or Milk	Small Water Or Milk		Small Water Or Milk

Combo Main Plate Price

\$6.75

Includes Main Plate Meal with sides and a choice of a small water or milk

Combo J. Clarks Grille Price

\$6.25

Includes choice of Chicken Tenders, Popcorn Chicken, Burger, or Chicken Patty

All with Fries and Soda or Large Water (substitute Iced Tea or Lemonade, add .50C)

Daily Meal Options May Include the following

Up For Grabs:

Assorted Sandwiches & Wraps \$4.50

Green Scene:

Assorted Salads \$3.00-\$4.75

J. Clarks Grille:

Chicken Tenders \$3.75 Hamburger/Cheeseburger \$3.75 French Fries \$2.25 Breaded Chicken Sandwich \$3.75

Fruit Choices May Include:

Grapes, Oranges, Apples, Bananas, Pineapple, Applesauce

Vegetables May Include:

Broccoli, Carrots, Corn, Potatoes, Cauliflower, Green Beans

Snacks & Beverages May Include:

Yogurt or Pudding Parfait \$2.75 Cookies \$ 2.00 Assorted Chips \$ 2.00 Assorted Pastries & Muffins \$ 2.00 Greek Yogurt \$2.25 Iced Tea or Lemonade \$2.25 Tropicana Apple Juice \$2.50 Soda or Large Water \$1.00 Small Water or Milk .50¢

Pizza Friday

Single Plain Slice \$2.50 Single Topping Slice \$3.00

(V) Vegetarian

General Manager Jodi McMillan

Metz Culinary Management jmcmillan@holyredeemerhs.org

Menu subject to change due to supply chain availability