

SENIOR INFO SHEET

This form is designed to provide a more well-rounded picture of you. Remember: what you put into this sheet will be what your recommender puts into your letter. Take your time and be specific!

SPECIAL NOTE:

- Speak to your letter writer *in person* to make the letter request, and
- Providing your letter writer at least two weeks notice ahead of when you need the letter.

Please practice good recommendation letter etiquette! Your letter writers will thank you!

Student Name: _____ Student Email: _____

Include my SAT Scores on my Transcript (circle one): yes, please no, thank you

BASIC STUDENT INFORMATION- about your academic, athletic, and after school activities.

In-school/out-of-school **extracurricular activities** you have participated in (e.g. academic clubs, sports, community-based clubs, youth group, altar serving, boy scouts, etc.) Include what you did and for how long:

Leadership roles in which you have served (e.g. club officer, Junior Leadership, team captain, etc.):

Work or Volunteer experience and a brief description of the work you did (e.g. waiting tables, babysitting siblings, running a youth sports club, etc.) Be sure to clarify if it was employment or volunteering:

Honors and Awards you have earned (in and/or outside of school) (ex: Honor Roll, National Latin Exam, Bishop's Youth Award):

POST-SECONDARY GOALS AND ASPIRATIONS

The focus of this section is to help your letter-writer better understand your academic and career interests and goals, and how you came to them.

What are your **favorite subjects** in high school and **why** are they your favorites?

Reflecting on your high school classes, which one had the **greatest impact** on you and **why**?

SENIOR INFO SHEET

What are your **career interests**, and *why* are they of interest to you?

What do you plan to **study in college** in order to pursue the career interests you identified above? ("Undecided" is a valid answer.)

How would you describe the **ideal college/university** for you and *why* would you describe it that way?

Colleges and universities frequently evaluate applicants based on the following attributes:

☐ academic achievement ☐ intellectual promise ☐ quality of writing ☐ creative/original thought ☐ productive class discussion ☐ disciplined work habits ☐ maturity	☐ motivation ☐ leadership ☐ integrity ☐ reaction to setbacks ☐ concern for others ☐ initiative ☐ independence
--	--

Select **one** of these attributes, and describe an example of a time you demonstrated it in class or in life.

ABOUT ME

The focus of this section is to help your letter writer become more familiar with who you are as a person.

List **two** adjectives you would use to describe yourself and explain *why* you chose them.

What would you describe as your **greatest strength**?

Reflecting on your high school career, what would you describe as your **greatest accomplishment** (academic, athletic, individual/personal, or otherwise) and *why* do you characterize it as such?

What is something your letter writer probably doesn't know about you?
